

# COMMUNITY DISCUSSION CENTRES

## REDUCE VIOLENCE AGAINST WOMEN AND GIRLS

**IN NEPAL, COMMUNITY DISCUSSION CENTRES (CDCS) ARE ENHANCING WOMEN'S CAPACITY TO ADVANCE THEIR OWN RIGHTS.**

Through door-to-door campaigns and dialogue with family members, women are taking direct action to:



**STOP CASES OF VIOLENCE INCLUDING CHILD MARRIAGE**



**CHANGE COMMUNITY PERCEPTIONS AND BEHAVIOUR TOWARDS WOMEN AND GIRLS**

**OXFAM NEPAL** and partners established 180 CDCs using the **PEER-TO-PEER REFLECT<sup>1</sup> MODEL** to empower women and girls.



### EDUCATION

- » Women's and girls' rights
- » Discriminatory social norms
- » Gender-based violence
- » Consequences of child marriage
- » Sexual and reproductive health

### LIFE SKILLS

- » Literacy
- » Problem-solving
- » Negotiation
- » Civic participation
- » Livelihood options



### PARTICIPANT STORY:



I was beaten by my husband last year when I went to perform Deuda (a popular group dance in the Western part of Nepal) on Women's Day with other women from the village. I was not a member of CDC at that time. After my participation in CDC, I understood various aspects of women's rights and policies including legal provisions for violence. I discussed these with my husband and other family members and warned them that I would take legal action if they continued any kind of violence on me. My husband now supports me with household chores and participates in social events including Deuda. He even attends CDC discussions whenever he can.



**LEARN MORE** [www.oxfam.ca/publication/creating-spaces-impact/](http://www.oxfam.ca/publication/creating-spaces-impact/).

<sup>1</sup> REFLECT stands for Regenerated Freirean Literacy through Empowering Community Technique, a literacy and community development tool.